

HOUSEHOLD TOXIN GUIDE

Essential Safety Knowledge for Pet Parents

Dangerous Foods

- **Xylitol:** Sugar-free gum, candy, and some peanut butters.
- **Grapes & Raisins:** Can cause sudden kidney failure.
- **Onions & Garlic:** Damages red blood cells (anemia).
- **Chocolate:** Darker is more dangerous. Affects heart/nerves.
- **Macadamia Nuts:** Causes weakness and tremors.
- **Alcohol & Caffeine:** Highly toxic in small doses.

Toxic Houseplants

- **Lilies (Cats):** Highly fatal; causes rapid kidney failure.
- **Sago Palms:** All parts are toxic, especially the seeds.
- **Azaleas/Rhododendrons:** Can cause cardiovascular collapse.
- **Tulip/Narcissus Bulbs:** Intense gastrointestinal irritation.
- **Aloe Vera:** Causes vomiting and tremors.

Medicine & Chemicals

- **NSAIDs:** Ibuprofen (Advil), Naproxen (Aleve).
- **Acetaminophen:** Tylenol (extremely toxic to cats).
- **Antifreeze:** Sweet taste; causes kidney failure.
- **Rodenticides:** Rat/Mouse poison (causes internal bleeding).
- **Essential Oils:** Tea Tree, Peppermint, Wintergreen.
- **Cleaning Supplies:** Bleach and caustic cleaners.

Immediate Symptoms

- Sudden vomiting or diarrhea.
- Excessive drooling or foaming.
- Lethargy or "drunken" walking.
- Pale or extremely red gums.
- Seizures or muscle tremors.
- Difficulty breathing.

IN AN EMERGENCY: CALL IMMEDIATELY

ASPCA Animal Poison Control: (888) 426-4435

Pet Poison Helpline: (855) 764-7661

Note: Consultation fees may apply for specialist advice.

TCK Pro-Tip: If your pet ingests a toxin, do not induce vomiting unless specifically instructed by a veterinarian. Always bring the packaging or a sample of the plant with you to the ER.